



Casa da Sogra Rural Food Truck

M E N U

MENU

Couvert + 2 appetizers or soup + Main course + 2 desserts + Capsule drinks and coffee

25€/30€ PER PERSON

**Price varies depending on the main course chosen*

COUVERT

Olives, butter and homemade bread

APPETIZERS

*Tuna pate
Simple or stuffed padrón peppers
Garlic bread with cheese
Orelheira
Sausage board and ham
Portuguese cheese board
Breaf stuffed with melted cheese
Bola de carne (a kind of bread dough layered with cured meats)
Cod pastries and croquettes
Meat, fish and/or shrimpo rissoles
Fried cod
Peixinhos da Horta (fried green beans)
Gizzards and Livers*

SALADS

*Chickpea salad with cod
Octopus salad
Fish-egg salad
Bean salad with tuna
Tradicional lettuce salad with tomato and onion*

SOUPS

*Farmer's soup or Stone soup
Carrot soup with croutons
Caldo Verde (cabbage soup with chorizo)
Green bean soup
Turnip soup or spinach soup
Chickpea soup or bean soup
Fish soup
Consomé
Vichyssoise (leek)*



VALE da SILVA VILLAS



Casa da Sogra Rural Food Truck

M E N U

MEAT

Roasted piglet
Roast beef
Beans with pork
Broad beans with chorizo and poached egg
Sarrabulho
Pork "à alentejana"
Pork "à portuguesa"
Roasted goat in wood oven
Goat stew
Lamb stew
Lamb baked in wood oven
Rojões
Portuguese stew
Chanfana
Lampantana

COD

Cod "à Tiborneiro" (Punched potatoes and broken cod with onion and a lot of olive oil)
Cod "à Brás"
Cod "à Gomes de Sá"
Spiritual Cod
Cod with cream
Cod with all

FISH | SEAFOOD

Grilled fish
Fish baked in the oven
Lagar octopus
Shrimp*
Prawns*
Crab*
Lobster*
Crayfish*
Goose barnacles*
*Price on request

RICE

Cabidela rice
Arabic rice
Villager rice (various meats)
Octopus rice
Seafood rice
Tuna rice with banana

VEGETARIAN

Leek "à brás"
Various quiches (mushrooms, vegetables)
Sautéed vegetables
Stuffed mushroom
Migas
Feijoada





Casa da Sogra Rural Food Truck

M E N U

SIDE DISHES

Migas
Baked potatoes
French fries
Baked potatoes in the oven
Punched potatoes
White rice
Sprouts rice
Tomato rice
Bean rice
Spaghetti and other pastas (as long as requested)

E G G S

Fried eggs
Omelets
Scrambled eggs
Broken eggs

CHILDREN'S MENU

Hamburger
Steak on bread
Pizza
Steak with egg on top
Lasagna
Bolognese
Meatballs

DESSERTS

Orange Pie or Ovos Moles Pie
French toast with or without Ovos Moles
Moles
Conventual sweet with Ovos Moles
Abade Priscos
Molotof with Ovos Moles or burnt caramel
Vermicelli
Sweet rice
Chocolate mousse
Milk sweet mousse
Slice cakes (chocolate or orange)
Homemade pudding
Strawberry or chocolate charlot
Bannoffee Pie
Ice cream with strawberry or chocolate sauce
Bread pudding
Burnt cream milk
Farofas with Ovos Moles
Cream Pie or Peanut Pie
Fruit
Seasonal fruit
Tropical fruit (on request)





Casa da Sogra Rural Food Truck

M E N U

NON-ALCOHOLIC BEVERAGES

Água das Pedras (sparkling water)
Water
Non-alcoholic beer (blonde or black)
Coca-Cola (traditional or zero)
Ice Tea (lemon, peach or mango)
Seven-Up
Sumol (orange or pinnapple)
Orange Fanta
*Compal (red fruits, orange, apple, peach
or pear)*
Natural orange juice
Tonic Water
Teas and Infusions
Coffee/Descaffeinated
Coffee milk

ALCOHOL

Appetizers - Martini (white or red)
Wines (white, red or rosé)
Sparkling Wines
Beer (blond or black)
Digestive





Casa da Sogra Rural Food Truck

WINE AND SPARKLING WINE LIST

Green Wine

<i>Alvarinho Deu la Deu</i>	12 €
<i>Alvarinho Gorro</i>	15 €

Rosé Wine

<i>Mateus</i>	8 €
<i>Boina</i>	12 €

White Wine

<i>Boina - Douro</i>	12 €
<i>Galharda - Douro</i>	8 €
<i>Quinta do Valdoeiro - Bairrada</i>	10 €
<i>Quinta do Carmo - Alentejo</i>	16 €
<i>Dona Ermelinda (Orange Label) - Península de Setúbal</i>	8 €
<i>Encosta Guadiana - Alentejo</i>	8 €

Red Wine

<i>Boina - Douro</i>	12 €
<i>Galharda - Douro</i>	8 €
<i>Quinta do Valdoeiro - Bairrada</i>	10 €
<i>Monte da Peceguina - Alentejo</i>	20 €
<i>Encosta Guadiana - Alentejo</i>	8 €





Casa da Sogra Rural Food Truck

WINE AND SPARKLING WINE LIST

Sparkling Wines

<i>Terras do Demo - Bruto</i>	14 €
<i>Caves S. Domingos Bruto Extra Reserva (white) - Bairrada</i>	12 €
<i>Dinamite Blanc des Blancs Brut Nature Grande Reserva (white) - Bairrada</i>	18 €
<i>Dinamite Blanc des Noirs Brut Nature Grande Reserva (white) - Bairrada</i>	25 €
<i>Declynio Rosé Bruto (rosé) - Bairrada</i>	12 €
<i>Declynio Branco Bruto (white) - Bairrada</i>	10 €
<i>Declynio Baga Bruto - Bairrada</i>	14 €
<i>Arte da Vinha Bruto (white)</i>	6 €

Sangria

<i>Red Sangria</i>	15 €
<i>White Sangria</i>	15 €
<i>Champanhada</i>	18 €

